

**LEICESTER
CITY
FALLS
COMMUNITY
RESOURCE
DIRECTORY**

2007

Leicester City
Primary Care Trust



LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Contents Page

Contents	Page No:
Introduction	3
Joint City Falls Co-ordinator	4
Patient Advice and Liaison Service (Pals)	5
Staying Well Expert Patient	6
Vista: Royal Leicestershire, Rutland & Wycliffe Society for the Blind	7
Mosaic: Shaping Disability Services	8
Leicester City Council - LeicesterCare Emergency Alarm	9
Leicester City Council - Sheltered Housing Service	10
Leicester City Council - Welfare Rights Advice Service (WeRAS)	11
Leicester City Council - Leicester Accident Prevention and Safety Scheme	12
Leicester City Council - (Pavements) Streetwise	13
Leicester City Council: The Handyperson Service	14
Handy Man Service: Care & Repair (Leicester) Ltd	15
Care and Repair (Leicester) Ltd	16
Voluntary Action: Leicester	17
Help the Aged: Healthy Ageing Programme	18
The Peepul Centre	19
British Red Cross - Equipment Distribution Centre/Medical Loan Hire	20
British Red Cross - Independent Living Products	21
British Red Cross - Disabled Living Centre	22
British Red Cross Mail Order	23
British Red Cross - Dial a Wheelchair	24
Age Concern, Leicester	25
Age Concern - Community Befriending Service	26
Age Concern - Asian Lunch Club	27
Age Concern - Lunch Club	28
Age Concern - Aid- Call	29
ADHAR	30
MULTIKULTI Services in different Languages	31
Public Health Leicester Website	32

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

INTRODUCTION

This Leicester City Falls Community Resource Directory lists all of the services available in Leicester City area, to support people who have fallen or may be at risk of falling.

It is for use by all levels of health and social care professionals that work with, or know people who are at risk of falling, or have fallen and members of all Community, Voluntary and Independent Organisations.

This document has been produced by the Leicester City Joint Falls Co-ordinator, in conjunction with employees from different organisations within Leicester City.

Members of the public can find and also use this Resource Directory on the internet at:-

<http://www.phleicester.org.uk/falls.htm>

It is also available on the Leicester City Primary Care Trust Website.

http://194.227.218.55/larnet/webs/lcpct/xform.asp?folder=policies/falls_pol

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Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Joint City Falls Prevention Co-ordinator

I am Champa Patel the Joint City Falls Co-ordinator. My post is a joint post. I am based at Braunstone Health and Social Care Centre within Leicester City Primary Care Trust (PCT), Adult Services. I also work closely with the Adult and Housing Department Team, within the Older Peoples Division within Leicester City Council (LCC) Authority. My role also involves working with the Voluntary and the Independent Sectors.

The aim of my role is to promote awareness and training in falls prevention. Therefore if you require any health education leaflets / resources for Patients / Service Users, or any falls training, workshops, etc, please contact me (details below).

This Leicester City Falls Community Resource Directory has been compiled with details of service organisations in the Leicester City area to support people who have fallen or maybe at risk of falling. This Resource Directory is available on the Internet for the public at the Web site below.

This Website has been created to try and help people in Leicester to remain safe, active and independent, in order to reduce their risk of falls. This website is full of useful information and resources related to reduction of falls.

<http://www.phleicester.org.uk/falls.htm>

A large Leicester City Falls Prevention Resource Directory for **Health and Social Care Professionals** has also been created to assist all professionals. This Directory for staff **can only be accessed** via the Leicester City Primary Care Trust Intranet Site.

http://194.227.218.55/larnet/webs/lcpct/xform.asp?folder=policies/falls_pol

Both Directories will shortly be also available on the Leicester City Council Website.

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LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>PATIENT ADVICE AND LIAISON SERVICE (PALS)</u>
Aims of the service	PALS can tell you about NHS Health Services, including Mental Health, and what services you can expect.
Services offered	<ol style="list-style-type: none"> 1. Advice and information on NHS Services 2. Support for patients, family and carers to address any concerns related to NHS health services. 3 Provide contact details of support groups within the patient's living area. 4. PALS will seek patient's permission before dealing with your enquiry and will ensure that all your details remain confidential.
Catchment area	Leicester City
Client age group	All Ages
Contact information	<p>Leicester City PALS Service. Tel No: 0116 295 7011</p> <p>Fax No: 0116 295 7012</p> <p>Email pals@leicestercitypct.nhs.uk</p>
How to refer	Self referrals by Patients, Carers and Health or Social Care Staff

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<p align="center"><u>PATIENT ADVICE AND LIAISON SERVICE (PALS)</u></p> <p align="center"><u>STAYING WELL EXPERT PATIENT PROGRAMME</u></p>
Aims of the service	<p>The Expert Patients Programme (EPP) is a new government initiative to help people living with long term conditions, maintain their health and improve their quality of life through lay led self management courses.</p>
Services offered	<p>This programme aims to support adults with long-term illness / conditions. The primary aim is not to impart medical information but to facilitate the development of self-management skills, such as problem solving and goal setting.</p>
Course Details	<p>The course takes place over six weekly sessions of two and half hours each week</p> <p>The course is delivered by voluntary tutors, who are, themselves living with long-term conditions.</p> <p>Volunteer Tutors are trained and supported by the EPP.</p> <p>Tutors use a detailed, scripted manual, underpinned by ongoing research.</p>
Catchment area	<p>Leicester City Area</p>
Client age group	<p>Adults</p>
Contact information	<p>Leicester City PALS Service. Tel No: 0116 2957011. EPP Trainers: Sue Walkeling Tel No: 01572 759403 / 01572 756164</p> <p>www.expertpatients.nhs.uk</p>
How to refer	<p>Self referrals by Patients, Carers and Health or Social Care Staff</p>

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LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>VISTA</u> <u>ROYAL LEICESTERSHIRE, RUTLAND & WYCLIFFE</u> <u>SOCIETY FOR THE BLIND</u>
Aims of the service	The mission of the Society for the blind is to serve the needs of blind and partially sighted people in Leicester, Leicestershire and Rutland through responsive services.
Services offered	Rehabilitation, advice re lighting
Setting of service	Service users home
Catchment area	Leicester, Leicestershire and Rutland
Client age group	No restrictions
Contact information	Duty Desk Tel No: 0116 2498839 Fax No: 0116 2498828 Contact: Senior Rehabilitation Officer www.vistablind.org.uk Local services for visually impaired people. Margaret Road Off Gwendolen Road Leicester
How to refer	Via Duty Desk

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>MOSAIC: SHAPING DISABILITY SERVICES</u>
Aims of the service	To promote independence and safety in accordance with young disabled persons own goals.
Services offered	<ul style="list-style-type: none"> • Two groups which meet on a Tuesday and Friday in Leicester and Countesthorpe. Twelve places on each (aged 16-30). • One-to-one service. • Youth Club in Market Harborough. • Newsletter.
Service available at:	<p>2 Richard III Road Leicester LE3 5QT.</p> <p>This is HQ. Most services based in the community, using community facilities.</p>
Catchment area	Leicester and Leicestershire.
Client age group	16-30 (except Youth Club in Market Harborough which is 12-19).
Contact information	<p>Katie Barradell Tel No: 0116 2515565</p>
How to refer	Direct to Katie Barradell by phone.

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>L.C.C. LEICESTERCARE EMERGENCY ALARM</u>
Aims of the service	Enable people to live as independently as possible, whilst also receiving help and support should they need it.
Services offered	The Control Centre will contact the emergency services or next of kin/friend, when the alarm is activated. There is a weekly charge for the service. Some people may qualify for the service free of charge.
Service available at:	All tenures throughout the City of Leicester.
Catchment area	Leicester City only.
Client age group	Vulnerable people of any age.
Contact information	LCC LeicesterCare Adults and Housing Department Ian Marlow Centre Blackbird Road Leicester LE4 OAR Tel No: 0116 2526283 Textphone users dial: 180010112526283
How to refer	By Telephone, Via Social Workers / Health Visitors / Hospital Social Workers. Self-referrals accepted.

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>L.C.C. SHELTERED HOUSING SERVICE</u>
Aims of the service	Enable people to live as independently as possible, whilst also receiving help and support, should they need it, in a familiar and friendly setting.
Services offered	Tenants have daily contact with a Sheltered Housing Officer to check they are all right. Co-Ordinate care and other services on tenants behalf.
Service available at:	Sheltered Housing is not an 'old folks home', but a collection of flats that are only let to people over the age of 50. Tenants enjoy comfortable, convenient and secure accommodation, and at the same time keep their independence for as long as possible.
Catchment area	Leicester City
Client age group	People age 50 and over.
Contact information	LCC Sheltered Housing Adults and Housing Department Ian Marlow Centre Blackbird Road Leicester LE4 OAR Tel No: 0116 2526280 Textphone users dial 180010112526281
How to refer	By Telephone

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>WELFARE RIGHTS ADVICE SERVICE (WeRAS)</u>
Aims of the service	Free information and advice about welfare benefits and Tax Credits for the residents of Leicester
Services offered	Benefit check, form filling, advice about claiming benefits for change in circumstances, help and representation at appeals.
Setting of service	Braunstone Project, (service available specifically for residents on the Braunstone estate). Appointment can be made to see David Taylor and Matt Finch on 0116 255 1950 at the Hockley Farm Road Health Centre or The Brite Centre. For other residents they can contact the Benefit Advice line on 0116 254 3399 on Monday, Tuesday and Thursday between 1.00 pm - 4.00 pm about the availability in other parts of the city.
Catchment area	Resident of Leicester
Client age group	All Age Group
Contact information	C/O A13 New Walk Centre, Welford Place, Leicester, LE1 6ZG. Benefit Advice Helpline Tel No: 0116 2543399 welfare.rights@leicester.gov.uk
How to refer	For residents from the Braunstone estate referrals can be made via the Braunstone Project. For all other referrals contact the Benefit Advice line.

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>LEICESTER ACCIDENT PREVENTION AND SAFETY SCHEME</u>
Aims of the service	<ul style="list-style-type: none"> • The aim of the scheme is to provide safety and energy measures that will help reduce the risk of accidents in the home. With these measures in place, the number of adults and children that are treated by their GP, Accident and Emergency Departments and those who are admitted to hospital can be reduced.
Services offered	<ul style="list-style-type: none"> • Stair gates • Smoke detectors • Draw and cupboard locks • Non-slip mats • Grab rails • Carbon monoxide detectors • Draught proofing doors and windows • Low energy light bulbs • Room thermometers
Setting of service	Within the clients homes.
Catchments area	Anywhere in the City
For Client age group	<ul style="list-style-type: none"> • Single parents with a child or children under the age of 5 • People over the age of 60 • Disabled people over the age of 16 • Low income families
Contact information	The LAPSS Team at Leicester. Tel: 0116 2995517
How to refer	Self-referral by contacting the team on the number above. An assessment will be made to determine whether the criteria for access to scheme is met.

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>LEICESTER CITY COUNCIL - STREETWISE</u>
Aims of the service	You can help to keep the highway safe in Leicester city by reporting the location of uneven or damaged pavements by contacting us.
Services offered	See Leicester City Council Website for further details. http://www.leicester.gov.uk/index.asp?pgid=1179
Catchment area	Leicester City
Client age group	All Ages
Contact information	<p>Customer Services Line for general enquiries. Telephone: 0116 2527000. Texbox No: 0116 2527011. Fax No: 0116 2559289. email: customer.services@leicester.gov.uk.</p> <p>Hours of opening: Monday - Thursday: 8.30am to 5.00pm. Friday: 8.30am to 4.30pm.</p> <p>Alternatively you can use the Leicester Streetscene online incident form within the Leicester City Council Website http://www.leicester.gov.uk/index.asp?pgid=1179</p>
How to refer	Self Referrals.

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>LEICESTER CITY COUNCIL</u> <u>THE HANDYPERSON SERVICE</u>
Aims of the service	It's a worry-free service where Home Maintenance Officers from the Housing Department carry out general maintenance work for Leicester City residents to enable them to maintain their homes. It is especially helpful for elderly and disabled people to live independently and safely in their homes.
Services offered	<p>Small home maintenance jobs, such as: Plumbing, glazing, woodwork, unblocking and cleaning gutters, window and door repairs, minor brickwork and plastering.</p> <p>Security work, such as fitting: Door chains, spy holes and window and door locks. Minor repairs to: Fences, gates.</p> <p>For victims of crime: We are able to offer a boarding-up service until full repairs can be undertaken.</p>
Service available at:	Within the clients homes.
Catchments area	Anywhere in the City.
Client age group	<p>A disabled person</p> <p>Over 60 years old</p> <p>A single parent</p> <p>Low income families</p>
Contact information	<p>Housing Regeneration Office</p> <p>111 Ross walk, Leicester LE4 5HH</p> <p>Tel: 0116 2995400</p>
How to refer	Self-referral by contacting the team on the above number

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>HANDYMAN SERVICE: CARE & REPAIR (LEICESTER) LTD</u>
Aims of the service	Handyperson Service - To carry out small jobs around the home.
Services offered	There are many small jobs which the handyperson can carry out, replacement and repair of locks, mending kitchen doors and putting up curtain rails are a few examples. We have a small pot of funding to subsidise this service, so that the client only pays for the parts and £7.50 per hour for labour and we pay the remaining from charitable donations.
Service available at:	In the customers own home
Catchment area	Leicester City and Blaby
Client age group	Older people and disabled people
Contact information	Care & Repair (Leicester) Ltd, 61 Evington Road, Leicester. LE2 1QG Tel No: 0116 2541121 Fax No: 0116 2541124 Email: Admin@carerepairleic.org.uk
How to refer	Self referral or anyone who is in contact with the client.

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>CARE & REPAIR (LEICESTER) LTD</u>
Aims of the service	To assist older people and disabled people to remain living independently in their own home, safely, and in comfort and security.
Services offered	Home improvement agency service - Advice and practical help with repairs, improvements and adaptations. Operates a handyman service for small repairs. Assists with welfare benefit claims and grants where eligible. Will also refer on to other types of service. Currently helps owner occupiers and private tenants only.
Service available at:	In customers own home
Catchment area	Leicester City and Blaby Districts
Client age group	Older People and disabled people.
Contact information	61 Evington Road, Leicester LE2 1QG Tel No: 0116 2541121 Fax No: 0116 2541124 Email: Admin@carerepairleic.org.uk
How to refer	Self referral or anyone who has contact with client.

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>VOLUNTARY ACTION LEICESTER</u>
Aims of the service	Acts as a strategic and policy lead for Healthier Communities and Older Peoples issues for Voluntary and Community Sector (VCS). Enable Partnership Working between VCS and Leicester City Primary Care Trust, Provider Trusts such as UHL, Leicester City Council, Learning Skills Council, EMAS and other partners
Services offered	<ul style="list-style-type: none"> ¾ Empower groups and individuals to engage with Primary Care Trusts, Provider Trusts, Leicester City Council, Learning Skills Council, EMAS and other partners in Health and Social Care Commissioning and Planning in Leicester. ¾ Support and member of citywide and neighbourhood networks such as Over 50's network ¾ Representation of VCS views to Forum for Older People ¾ Representation of VCS views on the Older Persons Strategy group ¾ Support for a Leicester City and Leicestershire Older Persons Forum ¾ Act as a communications conduit to VCS for Statutory, Business and Voluntary and Community Sectors
Service available at:	9 Newarke Street Leicester LE1 5SN
Catchment area	Leicester City
Client age group	All age ranges
Contact information	Tel No: 0116 2580666 Fax No: 0116 2575059 Email: info@voluntaryactionleicester.org.uk
How to refer	Use contact details above

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>HELP THE AGED - HEALTHY AGEING PROGRAMME</u>
Aims of the service	To prevent future deprivation by promoting prevention, wellbeing and independence in later life.
Services offered	Research, policy and publications on preventing falls, osteoporosis, incontinence, physical activity and preparing for later life.
Service available at:	http://policy.helptheaged.org.uk/healthyageing (Policy and Research) www.helptheaged.org.uk/slipstrips (Preventing Falls only)
catchment area	National
Client age group	Older People
Contact information	healthyageing@helptheaged.org.uk or falls@helptheaged.org.uk
How to refer	

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>THE PEEPUL CENTRE</u>
Aims of the service	E.g. To promote independence and safety in accordance with patient's own goals.
Services offered	<p>The Peepul Centre offers a wide range of cardio vascular and resistance based equipment.. The centre also offers the following:</p> <p><u>The Evergreen Suite</u></p> <p>Offers individuals the chance to work out on ten pieces of motorised equipment, enabling an all over body workout in a safe and secure environment. The 10 motorised pieces of equipment enables an assisted complete body workout in 30 minutes! The equipment enables those who have had falls or injuries to build up strength and stamina</p> <p>Wheelchair Accessible Equipment</p> <p>We have specific equipment that enables wheelchair users to workout at their own leisurely pace. Equipment available to wheelchair users includes Chest Press, Shoulder Raise, Bicep Curls, Lat Pull-down and Seated Row.</p>
Service available at:	The Peepul Centre, Orchardson Avenue, Leicester, LE4 6DP
Catchment area	Belgrave, St. Marks, St. Matthews, Highfields.
Client age group	16+
Contact information	Sports & Fitness Department, Orchardson Avenue, Leicester. Tel No: 0116 2616060
How to refer	Call the above number and book an induction with one of our trained staff.

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>BRITISH RED CROSS EQUIPMENT DISTRIBUTION CENTRE/MEDICAL LOAN AND HIRE</u>
Aims of the service	To supply equipment following assessment/referral.
Services offered	Distribution of equipment to service users following assessment by Community Assessment Team or referral from hospitals/GPs. Loan of equipment to the public (limited range) for short term use.
Service available at:	11 Euston Street Leicester LE2 7ST.
Catchment area	Leicester and Leicestershire
Client age group	All ages
Contact information	Tel No: 0845 3302681 Monday - Friday 9.00 am - 4.30 pm
How to refer	

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>BRITISH RED CROSS INDEPENDENT LIVING PRODUCTS</u>
Aims of the service	To provide products for sale to the public to aid independent living.
Services offered	Sales of over 400 products. Repair service for wheelchairs, scooters etc (by arrangement).
Service available at:	113 Clarendon Park Road Leicester LE3 3AH
Catchment area	Leicester and Leicestershire
Client age group	All ages
Contact information	Frank Jenkins Operations Manager Tel No: 0116 2449049
How to refer	Self Opening hours. 9.00 am - 5.00 pm Monday - Friday 9.00 am - 4.30 pm Saturday

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>BRITISH RED CROSS DISABLED LIVING CENTRE</u>
Aims of the service	To offer practical solutions and support in making daily living easier for disabled and elderly people.
Services offered	Free, impartial information, advice and guidance.
Service available at:	The Disabled Living Centre, Aquis House 211 Begrave Gate Leicester LE1 3HT
Catchment area	Leicester and Leicestershire
Client age group	All ages
Contact information	Tel No: 08453730217 Minicom No: 0116 2629465 Monday - Friday 9.00 am - 4.15 pm
How to refer	

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>BRITISH RED CROSS - MAIL ORDER</u>
Aims of the service	To provide a service for sales of independent living products via mail order or website as per catalogue.
Services offered	Mail Order - goods delivered within 7-10 working days (if goods are in stock). Website - goods delivered within 21 days.
Service available at:	113 Clarendon Park Road Leicester LE2 3AH (Mail Order) www.redcross.org.uk/shop
Catchment area	Nationwide
Client age group	All
Contact information	Website as above. Mail order. Tel: 08707397391 9.00 am - 5.00 pm
How to refer	

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>RED CROSS</u> <u>DIAL -A-WHEELCHAIR</u>
Aims of the service	To provide
Services offered	A wheelchair loan service (short term). Deposit required (refundable) then donation as desired. Delivery service available - details on request.
Service available at:	London Road Leicester
Catchment area	Leicester and Leicestershire
Client age group	All (but some ranges limited)
Contact information	Telephone: 0116 2700210 Monday - Friday 10.00 am - 4.00 pm
How to refer	Telephone or call in person.

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>AGE CONCERN : LEICESTER</u>
Aims of the service	To listen and respond to Older Peoples' needs. Working as a charity and in conjunction with Social Care and Health and P.C.T partnerships.
Services offered	Multi cultural Referred Day care - Hospital to Home Services - Asian lunch clubs - Community befriending. Lifelong learning, lunch clubs and healthy ageing activities e.g. line dancing, keep fit, languages, art classes - drop in lunch centre -
Service available at:	Based at Clarence House Humberstone Gate and Catherine House -Stoughton Drive North Also various community locations in Leicester
Catchment area	Leicester City
Client age group	Over 50
Contact information	Tel No: 0116 2220555 WEBSITE: www.ageconcernleicester.co.uk Email: admin@ageconcernleicester.org
How to refer	Day Care Services are accessed though Social Services Adult Access teams. Other services can be accessed directly through Age Concern

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>AGE CONCERN LEICESTER</u> <u>(COMMUNITY BEFRIENDING SERVICE)</u>
Aims of the service	To provide support to older people via the telephone - free service
Services offered	Community Befriending Service
Service available at:	Based at Clarence House, 46 Humberstone Gate, Leicester, LE1 3PJ.
Catchment area	Leicester City - home visiting in Braunstone
Client age group	Over 50
Contact information	Tel No: 0116 2220569 WEBSITE: www.ageconcernleicester.co.uk . Email: admin@ageconcernleicester.org
How to refer	By phone

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>AGE CONCERN LEICESTER</u> <u>(ASIAN LUNCH CLUB)</u>
Aims of the service	To provide a culturally appropriate lunch.
Services offered	Asian Lunch Club
Service available at:	Based at Catherine House 2b Stoughton Drive North Leicester. St Saviours Church Hall, St. Saviours Road Leicester
Catchment area	Leicester City
Client age group	Over 50
Contact information	
How to refer	Contact: Age Concern. Tel No: 0116 222555

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>AGE CONCERN LEICESTER</u> <u>(LUNCH CLUB)</u>
Aims of the service	To provide a lunch.
Services offered	Lunch Club
Service available at:	Based at Clarence House 46 Humberstone Gate Leicester LE1 3 PJ
Catchment area	Leicester City
Client age group	Over 50
Contact information	
How to refer	Contact Age Concern. Tel No: 0116 222555

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>AGE CONCERN LEICESTER (AID-CALL)</u>
Aims of the service	To provide a telephone emergency alarm service
Services offered	Emergency telephone alarm service
Service available at:	Older persons own home
Catchment area	Nationwide
Client age group	Over 50's
Contact information	<p>Aid-Call, Freepost (EX2356), Newton Abbot, Devon, TQ13 7BR.</p> <p>Freephone No: 0800 772266</p> <p>www.aidcall-alarms.co.uk</p> <p>e-mail: info@aidcall-alarms.co.uk</p>
How to refer	By telephone

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<u>ADHAR PROJECT</u>
Aims of the service	To provide support for people in the community with a range of health and social care needs.
Services offered	<p>Adhar Project runs several groups that meet regularly to provide support and to offer service users and their carers an opportunity to socialise in an appropriate cultural setting.</p> <p>Adhar offers support to:</p> <ul style="list-style-type: none"> ○ Adults with Mental Health difficulties ○ Young Carers aged 8 to 18 (Mental Health) ○ Young and Adult Carers of adults with learning difficulties. ○ Families and carers of people experiencing complex Mental Health difficulties.
Service available at:	Adhar Project Registered office (79 Peters Road, Leicester LE2 1DH) and various local community centres.
Catchment area	Leicester City
Client age group	Adults: 18-60 Young Carers: 8-18
Contact information	<p>Ms Harjit Sandhu (Project Manager)</p> <p>Tel No: 0116 2200070, Fax No: 0116 2200074</p> <p>Email: admin.box@adharproject.co.uk</p>
How to refer	Referrals are from social services; community mental health teams are given priority.

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	<p><u>MULTIKULTI</u></p> <p><u>LEICESTER SERVICES IN DIFFERENT LANGUAGES</u></p>
Aims of the service	<p>Multikulti provides accessible, accurately translated advice and information in community languages.</p> <p>Please check the Website below to acquire information on Local Leicestershire Services.</p>
Services offered	<p>The translations are available in 12 languages - Albanian, Arabic, Bengali, Chinese, Farsi, French, Gujarati, Portuguese, Somali, Spanish, Turkish and Urdu; and we are currently translating new material in three subject areas - immigration, health, discrimination & racism.</p> <p>Content is provided by expert organisations such as Age Concern, Mind, Coventry Law Centre, AVERT and Carers UK.</p>
Service available at:	<p>Please use this Website Link to view the above information in English.</p> <p>http://www.multikulti.org.uk/agencies/english/east-midlands/10374/</p> <p>Please use this Website Link for other languages</p> <p>http://www.multikulti.org.uk/</p>
Catchment area	Leicestershire

LEICESTER CITY FALLS COMMUNITY RESOURCE DIRECTORY

Name of Service	Leicester's Directorate Of Public Health (Website)
Services offered	Health related information and resources supplied for the members of the public on the Internet
Catchment area	Leicester City
Client age group	All Ages
Contact information	Falls Pages http://www.phleicester.org.uk/programmes.htm Public Health Information and Resources: http://www.phleicester.org.uk/phir.htm
How to refer	No Referrals. Only Information Service See above Websites.

Bi-Annual Updates of this Resource Directory Can Be Found at: www.phleicester.org.uk